

# NOVEMBER | 2022



## MAYS COMMUNITY ACADEMY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1	2	3	4
<p><b>7</b> Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milk Chicken Pattie on a Bun/Pickles Must/Ket/Mayo/H. Must/Ranch/BBQ French Fries Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p><b>8</b> Breakfast Pizza Choice of Fruits/Juice/Milks Mini Ravioli Tossed Salad/Dressings Grape Tomatoes Bosco Stick Choice of Fruits/Juice Choice of Milks</p>	<p><b>9</b> Pancake Wrap/Syrup Choice of Fruits/Juice/Milks Popcorn Chicken/Tso Sauce Must/Ket/BBQ/Honey Must/Ranch Tri Tators Broccoli w/ Cheese Choice of Fruits/Juice Choice of Milks</p>	<p><b>10</b> French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Pizza Buttered Corn Baby Carrots/Ranch Dip Choice of Fruits/Juice Choice of Milks</p>	<p><b>11</b> <b>"WELCOME" VETERANS'S DAY!!</b> <i>"Thank you for your service!!"</i> Choice:Streusels,/fruit/juice/milk Sliced Roasted Turkey/Gravy Mashed Potatoes Seasoned Green Beans Yeast Rolls/Butter/Jelly Ice Cream Choice of Fruits/Juice/Milk</p>
<p><b>12</b> Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks Grilled Chicken Pattie/ Bun/Pickles Must/Ket/Mayo/H.Must/Ranch/BBQ French Fries Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p><b>15</b> Breakfast Pizza Choice of Fruits/Juice/Milks Spaghetti w/ Meat Sauce Tossed Salad/Dressings Carrots/Ranch Dip Garlic Bread Choice of Fruits/Juice Choice of Milks</p>	<p><b>16</b> Pancake Wrap/Syrup Choice of Fruits/Juice/Milks Chicken Nuggets Must/Ket/BBQ/Honey Must/Ranch Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits/Juice/Milks</p>	<p><b>17</b> French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Fish Sandwich/Bun /Cheese Tartar Sauce/Mayo/Must/Ket. Buttered Peas Celery w/ Peanut Butter Cookie Choice of Fruits/Juice/Milks</p>	<p><b>18</b> Choice of Streusels Choice of Fruits/Juice/Milks Stuffed Crust Pizza Corn Tomatoes Choice of Fruits/Juice Choice of Milks</p>
<p><b>21</b> Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks Chicken and Noodles Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Roll/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p><b>22</b> Breakfast Pizza Choice of Fruits/Juice/Milks Pizza Buttered Corn Tossed Salad/Dressings Ice Cream Choice of Fruits/Juice Choice of Milks</p>	<p><b>23</b> <b>"HAPPY</b> <b>THANKSGIVING!!!"</b></p>		<p><b>25</b></p>
<p><b>28</b> Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks Tenderloin on a Bun Must/Ket/Mayo/Pickles Tator Tots Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p><b>29</b> Breakfast Pizza Choice of Fruits/Juice/Milks Taco/Lettuce/Salsa/Taco Sauce Queso/Chips/Sour Cream Shredded Cheese Buttered Corn Choice of Fruits/Juice Choice of Milks</p>	<p><b>30</b> Pancake Wrap Choice of Fruits/Juice/Milks Chicken Tenders Must/Ket/H. Must/BBQ/Ranch Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits/Juice/Milks</p>	<p><b>1</b> French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Grilled Ham and Cheese French Fries Carrots/Ranch Dip Choice of Fruits/Juice Choice of Milks</p>	<p><b>2</b> Choice of Streusels Choice of Fruits/Juice/Milks Pizza Tossed Salad/Dressings Grape Tomatoes Butterscotch or Cho. Pudding Choice of Fruits/Juice Choice of Milks</p>

**BREAKFAST: Served in cafeteria:**  
7:45 am until 8:15 am

A student may choose a cheese stick/ pop tart/cereal/cereal bar/donuts or an uncrustable in place of the hot entrée for breakfast and those students will eat in the cafeteria.

We also offer a grab 'n go breakfast kits (from 7:45 to 8:30 am) and they may eat in their classroom.

**All students must choose at least 3 items and one item must be a fruit or juice to complete the meal.**

A student may choose an uncrustable or a lunchable in place of hot entrée for lunch.

The student may also choose vegetables, fruits, juice and milk

(a student must take at least 1 veggie and/or fruit/juice to make a complete meal)(some items count as 2 items: sandwich=bread and meat; pancake wrap=bread and meat; pizza=bread and meat; so one choice of fruit/juice or veggie completes the meal.

**Jr. High Student options: hot lunch, cold lunch items or sign up for a pizza that morning at school.**

To order to go lunches: for \$5.75 or to join us for lunch at school for \$4.85 please call 765-645-5577 by 9:00 am.

Adult Breakfast: \$2.70/Lunch: \$4.85

Guest Student:Break\$1.85Lunch\$2.60

Fresh fruit and snacks served daily.

Milk(white or chocolate) and water are offered with every meal.

**All Student Breakfasts and Lunches are Free.** And any student that brings their lunch may also choose 3 items from school lunch to supplement their packed lunch for free. **Extra milk is .60. A student must have money in their account to purchase milk. Menu subject to change without notice. We are an equal opportunity provider.**