



JANUARY | 2020

MAYS COMMUNITY ACADEMY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>31</p> <p>WELCOME BACK!!!!</p> <p>When a child brings their own lunch from home, they may choose three items from the lunch line to supplement their packed lunch. All students' breakfasts and lunches are free.</p>	<p>1</p>	<p>2</p>	<p>3</p>
<p>6 Pancakes/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Hot Dog on a Bun/Ket/Must/Relish Coney Sauce/Shredded Cheese Tator Tots Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p>7 Scrambled Eggs/Hash Brown/Toast Choice of Fruits Choice of Milks Taco/Lettuce/Salsa/Taco Sauce Queso/Nacho Chips Shredded Cheese/Sour Cream Buttered Corn Choice of Fruits Choice of Milks</p>	<p>8 Pancake Wrap/Syrup Choice of Fruits/Juice Choice of Milks Popcorn Chicken/Sauces Mashed Potatoes Broccoli w/ Cheese Sauce Roll/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p>9 French Toast/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Mini Ravioli Green Beans Warm Bosco Stick w/ Parm Cheese Marinara Sauce Dip/Queso/Parm Choice of Fruits/Juice Choice of Milks</p>	<p>10 Breakfast Buffett Choice of Fruits/Juice Choice of Milks Chicken Pattie on a Bun Must/Ket/Mayo/BBQ/Ranch/Pickles Hash Brown California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>
<p>13 Pancakes/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Tenderloin on a Bun Must/Ket/Mayo/Pickles/Cheese Slice Tator Wedges Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p>14 Scrambled Eggs/Hash Brown/Toast Choice of Fruits Choice of Milks Chicken Fajita Wrap/Lettuce/Salsa Shredded Cheese/Chips/Queso Taco Sauce/Sour Cream Buttered Corn Choice of Fruits Choice of Milks</p>	<p>15 Pancake Wrap/Syrup Choice of Fruits/Juices Choice of Milks Chicken Fried Steak on a Bun French Fries/Ket/Must/Mayo/Pickles Broccoli w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>	<p>16 French Toast/Syrup/Sausage Choice of Fruits/Juices Choice of Milks Tomato Soup Grilled Cheese Sandwich Carrots/Ranch Ice Cream Choice of Fruits/Juice Choice of Milks</p>	<p>17 Breakfast Buffett Choice of Fruits/Juice Choice of Milks Cheese/ Pepperoni Pizza Tossed Salad/Dressings California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>
<p>20 Pancakes/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Chicken Nuggets/Sauces Tator Tots Baked Beans Biscuit/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p>21 Scrambled Eggs/Hash Brown/Toast Choice of Fruits Choice of Milks Salisbury Steak/Gravy Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits Choice of Milks</p>	<p>22 Pancake Wrap/Syrup Choice of Fruits/Juice Choice of Milks Steak Nuggets/Sauces Hash Browns/Ketchup Tossed Salad/Dressings/Croutons Choice of Fruits/Juice Choice of Milks</p>	<p>23 French Toast/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Turkey Manhattan/Turkey/Gravy Bread/Mashed Potatoes Green Beans Cookie Choice of Fruits/Juice Choice of Milks</p>	<p>24 Breakfast Buffett Choice of Fruits/Juice Choice of Milks Chicken Fillet on a Bun Must/Ket/Mayo/BBQ/Ranch/Pickles French Fries California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>
<p>27 Pancakes/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Corn Dog/Ketchup/Mustard Tator Tots Broccoli w/ Cheese Sauce Cookie Choice of Fruits/Juice Choice of Milks</p>	<p>28 Scrambled Eggs/Hash Brown/Toast Choice of Fruits Choice of Milks Chicken and Noodles Mashed Potatoes Green Beans Yeast Rolls/Butter/Jelly Choice of Fruits Choice of Milks</p>	<p>29 Pancake Wrap/Syrup Choice of Fruits/Juice Choice of Milks Taco Pizza Wedges/Salsa Queso/Nacho Chips/Sour Cream California Blend w/ Cheese Sauce Corn Choice of Fruits/Juice Choice of Milks</p>	<p>30 French Toast/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Spaghetti w/ Meat Sauce Broccoli w/ Cheese Sauce Warm Cheesy Garlic Bread Choice of Fruits/Juice Choice of Milks</p>	<p>31 Breakfast Buffett Choice of Fruits/Juice Choice of Milks Cheese/Pepperoni Pizza Tossed Salad w/ Dressings Carrots/Ranch Ice Cream Choice of Fruits/Juice Choice of Milks</p>

BREAKFAST:

Served in cafeteria at 7:45 am until 8:15 am

A student may choose a cheese stick, pop tart, cereal, cereal bar, or an uncrustable in place of the hot entrée for breakfast and those students will eat in the cafeteria.

We also offer a grab 'n go breakfast and that student may choose items and place in a ziplock bag. (from 7:45 to 8:30 am)

All students must choose at least 3 items and one item must be a fruit or juice to complete the meal.

Grab 'n Go students may then go to their classroom to eat.

LUNCH:

A student may choose an uncrustable and cheese stick or a lunchable in place of hot entrée for lunch and then the student **may choose vegetable, fruit, juice and milk. (a student must take at least 1 veggie and/or fruit/juice to make a complete meal).**

(some items count as 2 items: sandwich=bread and meat; pancake wrap=bread and meat; pizza=bread and meat; so one choice of fruit/juice or veggie completes the meal.

To order to go lunches: for \$5.50 or to join us for lunch at school for \$3.65 please call 765-645-5577 by 9:00 am.

Adult Breakfast: \$2.15

Adult Lunch: \$3.65

Child Breakfast: \$1.45

Child Lunch: \$2.90

Fresh fruit and snacks served daily.

Milk (white, chocolate, strawberry) & water are offered with every meal.