



# DECEMBER | 2019

## MAYS COMMUNITY ACADEMY SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> Pancakes/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Hamburger on a Bun Must/Ket/Mayo/Pickles/Cheese Tator Tots Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p><b>3</b> Scrambled Eggs/Hash Brown/Toast Choice of Fruits Choice of Milks Taco Meat/Lettuce/Salsa Queso/Nacho Chips/Taco Sauce Sour Cream/Shredded Cheese Buttered Corn Choice of Fruits Choice of Milks</p>	<p><b>4</b> Pancake Wrap/Syrup Choice of Fruits/Juice Choice of Milks Chicken Pattie on a Bun Must/Ket/Mayo/BBQ/Ranch French Fries Broccoli w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>	<p><b>5</b> French Toast/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Spaghetti w/ Meat Sauce Tossed Salad/Dressings/Croutons Carrots/Ranch Garlic Loaf w/ Mozz Cheese Choice of Fruits/Juice Choice of Milks</p>	<p><b>6</b> Whole Grain Cinnamon Roll Choice of Fruits/Juice Choice of Milks Taco Pizza Wedges/Salsa Queso/Nacho Chips/Sour Cream California Blend w/ Cheese Sauce Chocolate Chip Cookie Choice of Fruits/Juice Choice of Milks</p>
<p><b>9</b> Pancakes/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Mini Ravioli Green Beans Warm Bosco Stick w/ Parm Cheese Marinara Sauce Dip/Queso Choice of Fruits/Juices Choice of Milks</p>	<p><b>10</b> Scrambled Eggs/Hash Brown/Toast Choice of Fruits Choice of Milks Walking Tacos/Lettuce/Salsa Fritos/Taco Sauce/Queso/Shredded Cheese/Sour Cream Buttered Corn Choice of Fruits Choice of Milks</p>	<p><b>11</b> Pancake Wrap/Syrup Choice of Fruits/Juice Choice of Milks General Tso's Chicken/Sauces Mashed Potatoes Broccoli w/ Cheese Sauce Roll/Butter/Jelly Choice of Fruits/Juice Choice of Milks</p>	<p><b>12</b> French Toast/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Hot Dog on a Bun/Coney Sauce Tator Tots/Ketchup/Mustard Baked Beans Cookie Choice of Fruits/Juice Choice of Milks</p>	<p><b>13</b> Whole Grain Cinnamon Roll Choice of Fruits/Juice Choice of Milks Chicken Pattie on a Bun Must/Ket/Mayo/BBQ/Ranch/Pickles French Fries California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>
<p><b>16</b> Pancakes/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Tenderloin on a Bun Must/Ket/Mayo/Pickles Tator Wedges Baked Beans Choice of Fruits/Juice Choice of Milks</p>	<p><b>17</b> Scrambled Eggs/Hash Brown/Toast Choice of Fruits Choice of Milks Chicken Fajita Wrap/Lettuce/Salsa Shredded Cheese/Chips/Queso Taco Sauce/Sour Cream Buttered Corn Choice of Fruits Choice of Milks</p>	<p><b>18</b> Pancake Wrap/Syrup Choice of Fruits/Juice Choice of Milks Chicken Fried Steak on a Bun French Fries/Ket/Must/Mayo Broccoli w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks</p>	<p><b>19</b> French Toast/Syrup/Sausage Choice of Fruits/Juice Choice of Milks Chili/Crackers/Shredded Cheese Grilled Cheese Carrots/Ranch Ice Cream Choice of Fruits/Juice Choice of Milks</p>	<p><b>20</b> Whole Grain Cinnamon Roll Choice of Fruits/Juice Choice of Milks Pizza Salad/Dressings California Blend w/ Cheese Sauce Cookie Choice of Fruits/Juice Choice of Milks</p>
<p><b>23</b> <i>HAVE A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR!!!</i></p>				
<p><b>24</b> <i>HAVE A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR!!!</i></p>				
<p><b>25</b> <i>HAVE A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR!!!</i></p>				
<p><b>26</b> <i>HAVE A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR!!!</i></p>				
<p><b>27</b> <i>HAVE A VERY MERRY CHRISTMAS AND A HAPPY NEW YEAR!!!</i></p>				
<p><b>30</b></p>	<p><b>31</b></p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

When a child brings their own lunch from home, they may choose three items from the lunch line to supplement their packed lunch.

All students' breakfasts and lunches are free.

### BREAKFAST:

Served in cafeteria at 7:45 am until 8:15 am

A student may choose a cheese stick, pop tart, cereal, cereal bar, or an uncrustable in place of the hot entrée for breakfast and those students will eat in the cafeteria. We also offer a grab 'n go breakfast and that student may choose items and place in a ziplock bag. (from 7:45 to 8:30 am)

**All students must choose at least 3 items and one item must be a fruit or juice to complete the meal.**

Grab 'n Go students may then go to their classroom to eat.

### LUNCH:

A student may choose an uncrustable and cheese stick or a lunchable in place of hot entrée for lunch and then the student may choose vegetable, fruit, juice and milk. (a student must take at least 1 veggie and/or fruit/juice to make a complete meal).

(some items count as 2 items:  
sandwich=bread and meat;  
pancake wrap=bread and meat;  
pizza=bread and meat; so one choice of fruit/juice or veggie completes the meal.

To order to go lunches: for \$5.50  
or to join us for lunch at school for \$3.65 please call 765-645-5577 by 9:00 am.

Adult Breakfast: \$2.15  
Adult Lunch: \$3.65  
Child Breakfast: \$1.45  
Child Lunch: \$2.90

Fresh fruit and snacks served daily.

Milk (white, chocolate, strawberry) & water are offered with every meal