

# AUGUST | 2023

## MAYS COMMUNITY ACADEMY SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31	1	2	3	4 <b>BACK TO SCHOOL PICNIC @ MAYS SCHOOL</b> <u>5:00pm to 7:00pm</u> <b>Hot Dogs/Buns</b> <b>Chips</b> <b>Cookies</b> <b>Drinks</b>
<b>WELCOME BACK!</b>				
7	8	9 Pancake Wrap/Syrup Choice of Fruits/Juice/Milks Popcorn Chicken/General Tso Must/Ket/BBQ/Ranch/HoneyMust Hash Brown Potato California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks	10 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Chicken and Noodles Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits/Juice Choice of Milks	11 <b>Streusels</b> Choice of Fruits/Juice/Milks Pizza Tossed Salad/Dressings Carrots/Ranch Dip Cookie Choice of Fruits/Juice Choice of Milks
14 Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks Tenderloin on a Bun Must/Ket/Mayo/Pickles Tator Tots Baked Beans Choice of Fruits/Juice Choice of Milks	15 Breakfast Pizza Choice of Fruits/Juice/Milks Spaghetti w/ Meat Sauce Tossed Salad w/ Dressings Carrots/Ranch Garlic Bread Choice of Fruits/Juice Choice of Milks	16 Pancake Wrap/Syrup Choice of Fruits/Juice/Milks Chicken Nuggets Ket/BBQ/Ranch/HoneyMust. Mashed Potatoes California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks	17 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Hot Dog/Bun/Coney Sauce Must/Ket/Relish/Cheese French Fries Broccoli w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks	18 Biscuit/Egg/Cheese/Sausage Choice of Fruits/Juice/Milks Stuffed Crust Pizza Tossed Salad/Dressings Buttered Corn Choice of Fruits/Juice Choice of Milks
21 Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks Hamburger/Bun/ Pickles Cheese/Must/Ket/Mayo French Fries Baked Beans Choice of Fruits/Juice Choice of Milks	22 Breakfast Pizza Choice of Fruits/Juice/Milks Taco/Lettuce/Salsa/Taco Sauce Quest/Chips/Sour Cream Shredded Cheese Buttered Corn Choice of Fruits/Juice Choice of Milks	23 Pancake Wrap/Syrup Choice of Fruits/Juice/Milks Chicken Pattie/Bun/Pickles/BBQ Must/Ket/Mayo/HoneyMust/Ranch Hash Brown Potato California Blend w/ Cheese Sauce Choice of Fruits/Juice Choice of Milks	24 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks ChickenTenders BBQ/HoneyMust/Ranck/Ket Mashed Potatoes/Gravy Broccoli w/ Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits/Juice/Milks	25 Streusels Cherry or Apple Choice of Fruits/Juice/Milks Pizza Tossed Salad/Dressings Carrots/Ranch Dip Choice of Fruits/Juice Choice of Milks
28 Pancakes/Syrup/Sausage Choice of Fruits/Juice/Milks Corn Dog Must/Ket Tator Tots Baked Beans Choice of Fruits/Juice Choice of Milks	29 Breakfast Pizza Choice of Fruits/Juice/Milks Chicken Quesadilla/Lettuce Queso/Chips/Cheese/Taco Sauce Sour Cream/Salsa Buttered Corn Choice of Fruits/Juice Choice of Milks	30 Pancake Wrap/Syrup Choice of Fruits/Juice/Milks Steak Nuggets/Sauces French Fries California Blend w. Cheese Sauce Biscuit/Butter Choice of Fruits/Juice Choice of Milks	31 French Toast/Syrup/Sausage Choice of Fruits/Juice/Milks Chicken and Noodles Mashed Potatoes Broccoli w/ Cheese Sauce Yeast Rolls/Butter/Jelly Choice of Fruits/Juice Choice of Milks	1 Cook's Choice for Breakfast Choice of Fruits/Juice/Milks Stuffed Crust Pizza Tossed Salad/Dressings Carrots/Ranch Dip Choice of Fruits/Juice Choice of Milks

**BREAKFAST:** Served in cafeteria:  
7:45 am until 8:15 am  
A student may choose a cheese stick/ pop tart/cereal/cereal bar/donuts/muffin or an uncrustable in place of the hot entrée for breakfast and those students will eat in the cafeteria.

We also offer a grab 'n go breakfast kits .(from 7:45 to 8:30 am) and they may eat in their classroom.

All students must choose at least 3 items and one item must be a fruit or juice to complete the meal.

A student may choose an uncrustable or a cheese sandwich in place of hot entrée for lunch. The student may also choose vegetables, fruits, juice and milk (a student must take at least 1 veggie and/or fruit/juice to make a complete meal)(some items count as 2 items: sandwich=bread and meat; pancake wrap=bread and meat; pizza=bread and meat; so one choice of fruit/juice or veggie completes the meal.

To order to go lunches: for \$5.75 or to join us for lunch at school for \$4.85 please call 765-645-5577 by 9:00am

Adult Breakfast: \$2.70/Lunch: \$4.85  
Guest Student:Break\$1.85  
Lunch\$2.60

Fresh fruit and snacks served daily. Milk(white or chocolate) and water are offered with every meal.

All Student Breakfasts and Lunches are Free. And any student that brings their lunch may also choose 3 items from school lunch to supplement their packed lunch for free.

Extra milk is .60. A student must have money in their account to purchase milk. Menu subject to change without notice. We are an equal opportunity provider.